

DATE

PRACTICE NAME

PRESCRIBER

PATIENT NAME

WEIGHT <60kg 60-90kg >90kg GENDER M F SHOE SIZE (UK)

ORTHOTIC TYPE



- CUSTOM**
- POLYPROPYLENE ORTHOTIC
 - EVA ORTHOTIC
 - 3D PRINTED ORTHOTIC



- CUSTOMISED PREFAB**
- ORTHOTICK PRO FULL LENGTH
 - ORTHOTICK PRO 3/4 LENGTH

ORTHOTIC AIM

GENERAL COMFORT AND PREVENTATIVE TREATMENT

- GENERAL PRONATED
- GENERAL SUPINATED
- NEUTRAL

KNEE/LEG PATHOLOGY

- ANTERIOR KNEE PAIN
- MEDIAL KNEE PAIN
- LATERAL KNEE PAIN
- ILIOTIBIAL BAND (ITB)
- OS GOOD SCHLATTERS
- PATELLO-FEMORAL SYNDROME
- PAEDIATRIC OUTTOEING
- PAEDIATRIC INTOEING
- PAEDIATRIC TOE WALKING

LOWERLIMB/ANKLE

- ACHILLES TENDINOPATHY
- ANKLE EQUINUS
- ANTERIOR IMPINGEMENT SYNDROME
- FLEXOR HALLUCIS PATHOLOGY
- GASTROC/SOLEUS PATHOLOGY
- LATERAL ANKLE SPRAINS
- PERONEAL TENDON PATHOLOGY
- SHIN SPLINTS: ANTERIOR
- SHIN SPLINTS: POSTERIOR
- TIBIALIS ANTERIOR PATHOLOGY

REARFOOT PATHOLOGY

- CALCANEAL APOPHYSITIS: SEVERS DISEASE
- CHRONIC PLANTAR HEEL PAIN: PLANTAR FASCIITIS
- FAT PAD SYNDROME
- PERONEAL PATHOLOGY
- PLANTAR CALCANEAL BURSIITIS
- RETROCALCANEAL BURSIITIS
- TARSAL TUNNEL SYNDROME
- TIBIALIS POSTERIOR PATHOLOGY

MIDFOOT PATHOLOGY

- CUBOID SYNDROME
- LISFRANC INJURY
- MIDTARSAL JOINT SPRAIN
- NAVICULAR PATHOLOGY
- PLANTAR FASCIA PATHOLOGY

FOREFOOT PATHOLOGY

- 1ST MPJ INJURY
- 5TH METATARSAL INJURY
- CORNS/CALLUS
- FRIEBERGS OSTEOCHONDRITIS
- FUNCTIONAL HALLUX LIMITUS
- HALLUX RIGIDUS
- HAV (BUNIONS)
- METATARSAL STRESS FRACTURE
- METATARSALGIA (CAPSULITIS / BURSIITIS)
- NEUROMA: INTERDIGITAL NEURITIS
- PLANTAR PLATE INJURY
- SESAMOID INJURY

OTHER PLEASE SPECIFY

CLINICAL TESTS

RANGE OF MOTION NWB

- | | | | |
|----------------------------|-----------------------------|----------------------------------|--|
| ANKLE | SUBTALAR JOINT (STJ) | MIDTARSAL JOINT (MTJ) | 1ST METATARSOPHALANGEAL JOINT (1ST MPJ) |
| <input type="radio"/> >10° | INVERSION | <input type="radio"/> MOBILE | <input type="radio"/> >65° |
| <input type="radio"/> <10° | <input type="radio"/> >20° | <input type="radio"/> RESTRICTED | <input type="radio"/> 20° - 65° |
| | <input type="radio"/> <20° | | <input type="radio"/> <20° |
| | EVERSION | | |
| | <input type="radio"/> >10° | | |
| | <input type="radio"/> <10° | | |

RESTING STANCE POSITION

- | | | | |
|---------------------------------|--------------------------------|------------------------------|------------------------------|
| FOOT TYPE | CALCANEUS POSITION | ARCH HEIGHT | MSRT FORCE |
| <input type="radio"/> SUPINATED | <input type="radio"/> INVERTED | <input type="radio"/> LOW | <input type="radio"/> LOW |
| <input type="radio"/> NORMAL | <input type="radio"/> VERTICAL | <input type="radio"/> NORMAL | <input type="radio"/> NORMAL |
| <input type="radio"/> PRONATED | <input type="radio"/> EVERTED | <input type="radio"/> HIGH | <input type="radio"/> HIGH |

CLINICAL TESTS (CONT'D)

- | | | | |
|----------------------------------|---|--|--|
| SAGITTAL PLANE ASSESSMENT | LUNGE TEST
<input type="radio"/> > 10cm OR > 35-38°
<input type="radio"/> < 10cm OR < 35-38° | JACKS TEST FORCE
<input type="radio"/> LOW
<input type="radio"/> HIGH | JACKS TEST RANGE
<input type="radio"/> LOW
<input type="radio"/> HIGH |
|----------------------------------|---|--|--|

PATIENT INFORMATION

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|-------------------|---|--|--|
| ACTIVITIES | <input type="radio"/> CASUAL
<input type="radio"/> WALKING >1HR DAY
OTHER (SPECIFY) <input style="width: 60%; border: 1px solid black;" type="text"/> | <input type="radio"/> RUNNING >1HR DAY
<input type="radio"/> STANDING 4HRS+ PER DAY | <input type="radio"/> GENERAL SPORTS
<input type="radio"/> HIGH IMPACT SPORTS |
|-------------------|---|--|--|

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|----------------------|---|--|---|
| FOOTWEAR TYPE | <input type="radio"/> RUNNING SHOES
<input type="radio"/> WALKING SHOES
<input type="radio"/> LACE UPS
OTHER (SPECIFY) <input style="width: 60%; border: 1px solid black;" type="text"/> | <input type="radio"/> MARY JANES
<input type="radio"/> FOOTBALL BOOTS
<input type="radio"/> CYCLING CLEATS | <input type="radio"/> SKI BOOTS
<input type="radio"/> WORK BOOTS
<input type="radio"/> GOLF SHOES |
|----------------------|---|--|---|

ORTHOTIC STYLE

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|---|--|--|---|--|------------------------------|----------------------------------|
| COVER LENGTH | <input type="radio"/> NO COVER | <input type="radio"/> SHELL LENGTH | <input type="radio"/> SULCUS LENGTH | <input type="radio"/> FULL LENGTH | | |
| DURAFIT (SMOOTH) | <input type="radio"/> BLACK | <input type="radio"/> BRONZE | <input type="radio"/> COCOA | <input type="radio"/> SKIN | | |
| DURAFIT (SEMI PERF) | <input type="radio"/> ANTHRACITE | <input type="radio"/> BLUE | <input type="radio"/> CREAM | <input type="radio"/> MAGENTA | <input type="radio"/> ORANGE | <input type="radio"/> SKIN |
| | <input type="radio"/> BEIGE | <input type="radio"/> CAMEL | <input type="radio"/> LIME | <input type="radio"/> MARINE/NAVY | <input type="radio"/> SILVER | <input type="radio"/> STONE |
| | <input type="radio"/> BLACK | <input type="radio"/> RED | | | | |
| EVA | <input type="radio"/> BLACK | <input type="radio"/> RED | <input type="radio"/> BLACK/GREY | <input type="radio"/> NATURAL | <input type="radio"/> PURPLE | <input type="radio"/> LIME SWIRL |
| <input type="radio"/> 2mm <input type="radio"/> 3mm | <input type="radio"/> BLUE | <input type="radio"/> LIME GREEN | <input type="radio"/> BLUE SWIRL | <input type="radio"/> YELLOW | <input type="radio"/> PINK | <input type="radio"/> PINK SWIRL |
| NORA | <input type="radio"/> DIABETIC ANTI SHEAR 3mm STONE GREY | | <input type="radio"/> LUNALASTIK 2mm SKY BLUE | <input type="radio"/> LUNALASTIK 2mm FLESH | | |
| SPECIALTY | <input type="radio"/> PLASTAZOTE 3mm FLESH | | <input type="radio"/> PLASTAZOTE 6mm FLESH | | | |
| CUSHIONING LAYER | FOREFOOT ONLY | | | FULL LENGTH | | |
| | <input type="radio"/> 1.6mm BLUE PORON | <input type="radio"/> 3.2mm BLUE PORON | <input type="radio"/> 1.6mm BLUE PORON | <input type="radio"/> 3.2mm BLUE PORON | | |

ADDITIONAL PAIRS

TYPE <input style="width: 95%; border: 1px solid black;" type="text"/>	TOP COVER <input style="width: 95%; border: 1px solid black;" type="text"/>
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OTHER INSTRUCTIONS