

DATE

PRACTICE NAME

PRESCRIBER

PATIENT NAME

WEIGHT

 <60kg 60-90kg >90kg

GENDER

 M F

SHOE SIZE (UK)

ORTHOTIC TYPE



CUSTOM

- POLYPROPYLENE ORTHOTIC
- EVA ORTHOTIC
- 3D PRINTED ORTHOTIC



CUSTOMISED PREFAB

- ORTHOTICK PRO - FULL LENGTH
- ORTHOTICK PRO - 3/4 LENGTH
- ORTHOTICK PRO LITE - 3/4 LENGTH SLIMLINE

ORTHOTIC AIM

GENERAL COMFORT AND PREVENTATIVE TREATMENT

- GENERAL PRONATED
- GENERAL SUPINATED
- NEUTRAL

KNEE/LEG PATHOLOGY

- ANTERIOR KNEE PAIN
- MEDIAL KNEE PAIN
- LATERAL KNEE PAIN
- ILIOTIBIAL BAND (ITB)
- OS GOOD SCHLATTERS
- PATELLO-FEMORAL SYNDROME
- PAEDIATRIC OUTTOEING
- PAEDIATRIC INTOEING
- PAEDIATRIC TOE WALKING

LOWERLIMB/ANKLE

- ACHILLES TENDINOPATHY
- ANKLE EQUINUS
- ANTERIOR IMPINGEMENT SYNDROME
- FLEXOR HALLUCIS PATHOLOGY
- GASTROC/SOLEUS PATHOLOGY
- LATERAL ANKLE SPRAINS
- PERONEAL TENDON PATHOLOGY
- SHIN SPLINTS: ANTERIOR
- SHIN SPLINTS: POSTERIOR
- TIBIALIS ANTERIOR PATHOLOGY

REARFOOT PATHOLOGY

- CALCANEAL APOPHYSITIS: SEVERS DISEASE
- CHRONIC PLANTAR HEEL PAIN: PLANTAR FASCIITIS
- FAT PAD SYNDROME
- PERONEAL PATHOLOGY
- PLANTAR CALCANEAL BURSITIS
- RETROCALCANEAL BURSITIS
- TARSAL TUNNEL SYNDROME
- TIBIALIS POSTERIOR PATHOLOGY

MIDFOOT PATHOLOGY

- CUBOID SYNDROME
- LISFRANC INJURY
- MIDTARSAL JOINT SPRAIN
- NAVICULAR PATHOLOGY
- PLANTAR FASCIA PATHOLOGY

FOREFOOT PATHOLOGY

- 1ST MPJ INJURY
- 5TH METATARSAL INJURY
- CORNS/CALLUS
- FRIEBERGS OSTEOCHONDRITIS
- FUNCTIONAL HALLUX LIMITUS
- HALLUX RIGIDUS
- HAV (BUNIONS)
- METATARSAL STRESS FRACTURE
- METATARSALGIA (CAPSULITIS / BURSITIS)
- NEUROMA: INTERDIGITAL NEURITIS
- PLANTAR PLATE INJURY
- SESAMOID INJURY

OTHER PLEASE SPECIFY

CLINICAL TESTS

RANGE OF MOTION NWB

- | | | | |
|----------------------------|-----------------------------|----------------------------------|--|
| ANKLE | SUBTALAR JOINT (STJ) | MIDTARSAL JOINT (MTJ) | 1ST METATARSOPHALANGEAL JOINT (1ST MPJ) |
| <input type="radio"/> >10° | INVERSION | <input type="radio"/> MOBILE | <input type="radio"/> >65° |
| <input type="radio"/> <10° | <input type="radio"/> >20° | <input type="radio"/> RESTRICTED | <input type="radio"/> 20° - 65° |
| | <input type="radio"/> <20° | | <input type="radio"/> <20° |
| | <input type="radio"/> >10° | | |
| | <input type="radio"/> <10° | | |

RESTING STANCE POSITION

- | | | | |
|---------------------------------|--------------------------------|------------------------------|------------------------------|
| FOOT TYPE | CALCANEUS POSITION | ARCH HEIGHT | MSRT FORCE |
| <input type="radio"/> SUPINATED | <input type="radio"/> INVERTED | <input type="radio"/> LOW | <input type="radio"/> LOW |
| <input type="radio"/> NORMAL | <input type="radio"/> VERTICAL | <input type="radio"/> NORMAL | <input type="radio"/> NORMAL |
| <input type="radio"/> PRONATED | <input type="radio"/> EVERTED | <input type="radio"/> HIGH | <input type="radio"/> HIGH |

